Bayou Shapes in Motion | Student Dance Brief

K–2 | Louisiana Dance & Movement Lab | body shapes and levels | 2–4 sessions of 35–60 minutes

Your movement challenge

Make a four-shape study of reeds, water, trees and wind; contrast high, middle and low levels

What to investigate

Louisiana wetland environment as a place, not a traditional dance

Technical focus

body shapes and levels

Before you dance

01. Name one movement you observe in a credited source and one thing you do not yet know.
02. Show a safe four-count baseline phrase.
03. Experiment with three different movement qualities or spatial directions.

Create and improve

01. Plan a short original sequence with a beginning, a change, and an ending.
02. Apply body shapes and levels and rehearse the movement challenge.
03. Request one observation and one question from a peer, then make one significant change.

Turn in

Movement score or sketch; three trials; final performance/filmed excerpt/accessible notation; source credit; annotated revision; reflection.

Reflect

01. How did body shapes and levels improve from beginning to end?
02. Who is credited for the tradition?
03. Which movement is your own invention?
04. How did you make choices safe and inclusive?

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