Bounce and the Moving City | Student Dance Brief

9–12 | Louisiana Dance & Movement Lab | footwork, tempo and agency | 2–4 sessions of 35–60 minutes

Your movement challenge

Study credited practitioner interviews and compose an original consent-based freestyle with lyric/content screening

What to investigate

New Orleans bounce music as contemporary Black cultural expression

Technical focus

footwork, tempo and agency

Before you dance

01. Name one movement you observe in a credited source and one thing you do not yet know.
02. Show a safe four-count baseline phrase.
03. Experiment with three different movement qualities or spatial directions.

Create and improve

01. Plan a short original sequence with a beginning, a change, and an ending.
02. Apply footwork, tempo and agency and rehearse the movement challenge.
03. Request one observation and one question from a peer, then make one significant change.

Turn in

Movement score or sketch; three trials; final performance/filmed excerpt/accessible notation; source credit; annotated revision; reflection.

Reflect

01. How did footwork, tempo and agency improve from beginning to end?
02. Who is credited for the tradition?
03. Which movement is your own invention?
04. How did you make choices safe and inclusive?

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