Cajun Two-Step Counting | Culture and Source Notes

K–2 | Louisiana Dance & Movement Lab | steady beat and weight shifts | 2–4 sessions of 35–60 minutes

Focus

Cajun two-step as a social dance in southwest Louisiana

Research orientation

Louisiana dance traditions are community practices and changing histories. Avoid assuming that Cajun and Black Creole music and dancing have the same origin; distinguish invention, staged adaptation, and community practice.

Louisiana Arts Planning

https://doe.louisiana.gov/educators/instructional-support/planning-resources/k-12-arts-resources

Louisiana Folklife dance resources

https://www.louisianafolklife.org/lfp/main_prog_sugg_for_fieldw.html

Contextual reading for this lesson

https://www.louisianafolklife.org/lt/articles_essays/cajunzydeco.html

Cultural-care checklist

01. Record who created, practices or sustains the dance and where.
02. Use community voice and credible documentation, especially for Black traditions.
03. Ask permission for guest demonstrations, audio, film or images and record credit.
04. Do not reenact rituals, sacred practices or membership-specific dances as generic classroom entertainment.
05. Separate documented dance technique from student-created choreography.
06. Offer a seated, gestural, diagrammed or other access option.

Standards and rights

Louisiana dance standards are referenced conceptually; verify exact grade cluster codes with current official curriculum. Source links do not grant rights to reproduce copyrighted video or recordings.

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