Louisiana Rain Rhythms | Student Dance Brief

3–5 | Louisiana Dance & Movement Lab | tempo and energy | 2–4 sessions of 35–60 minutes

Your movement challenge

Develop a 16-count storm dance using three distinct effort qualities and a quiet conclusion

What to investigate

Weather imagery as source for original creative dance

Technical focus

tempo and energy

Before you dance

01. Name one movement you observe in a credited source and one thing you do not yet know.
02. Show a safe four-count baseline phrase.
03. Experiment with three different movement qualities or spatial directions.

Create and improve

01. Plan a short original sequence with a beginning, a change, and an ending.
02. Apply tempo and energy and rehearse the movement challenge.
03. Request one observation and one question from a peer, then make one significant change.

Turn in

Movement score or sketch; three trials; final performance/filmed excerpt/accessible notation; source credit; annotated revision; reflection.

Reflect

01. How did tempo and energy improve from beginning to end?
02. Who is credited for the tradition?
03. Which movement is your own invention?
04. How did you make choices safe and inclusive?

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