Three-Count Waltz Architecture | Student Dance Brief

6–8 | Louisiana Dance & Movement Lab | turns and meter | 2–4 sessions of 35–60 minutes

Your movement challenge

Design a two-part composition in triple meter with optional partner rotation, safe solo turns and counterdirection

What to investigate

Louisiana Cajun waltzes and social partner dance

Technical focus

turns and meter

Before you dance

01. Name one movement you observe in a credited source and one thing you do not yet know.
02. Show a safe four-count baseline phrase.
03. Experiment with three different movement qualities or spatial directions.

Create and improve

01. Plan a short original sequence with a beginning, a change, and an ending.
02. Apply turns and meter and rehearse the movement challenge.
03. Request one observation and one question from a peer, then make one significant change.

Turn in

Movement score or sketch; three trials; final performance/filmed excerpt/accessible notation; source credit; annotated revision; reflection.

Reflect

01. How did turns and meter improve from beginning to end?
02. Who is credited for the tradition?
03. Which movement is your own invention?
04. How did you make choices safe and inclusive?

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