Waltz Sway and Three | Student Dance Brief

K–2 | Louisiana Dance & Movement Lab | three-count phrase and transfer | 2–4 sessions of 35–60 minutes

Your movement challenge

Build two repeated three-count phrases with a gentle sway, choosing seated or standing options

What to investigate

Cajun social waltzes and triple meter

Technical focus

three-count phrase and transfer

Before you dance

01. Name one movement you observe in a credited source and one thing you do not yet know.
02. Show a safe four-count baseline phrase.
03. Experiment with three different movement qualities or spatial directions.

Create and improve

01. Plan a short original sequence with a beginning, a change, and an ending.
02. Apply three-count phrase and transfer and rehearse the movement challenge.
03. Request one observation and one question from a peer, then make one significant change.

Turn in

Movement score or sketch; three trials; final performance/filmed excerpt/accessible notation; source credit; annotated revision; reflection.

Reflect

01. How did three-count phrase and transfer improve from beginning to end?
02. Who is credited for the tradition?
03. Which movement is your own invention?
04. How did you make choices safe and inclusive?

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