Zydeco Social Step Vocabulary | Student Dance Brief

3–5 | Louisiana Dance & Movement Lab | weight transfer and syncopation | 2–4 sessions of 35–60 minutes

Your movement challenge

Create an original solo two-step study responding to a credited zydeco recording; do not label it an authentic zydeco step

What to investigate

Black Creole zydeco social dance and its musical origins

Technical focus

weight transfer and syncopation

Before you dance

01. Name one movement you observe in a credited source and one thing you do not yet know.
02. Show a safe four-count baseline phrase.
03. Experiment with three different movement qualities or spatial directions.

Create and improve

01. Plan a short original sequence with a beginning, a change, and an ending.
02. Apply weight transfer and syncopation and rehearse the movement challenge.
03. Request one observation and one question from a peer, then make one significant change.

Turn in

Movement score or sketch; three trials; final performance/filmed excerpt/accessible notation; source credit; annotated revision; reflection.

Reflect

01. How did weight transfer and syncopation improve from beginning to end?
02. Who is credited for the tradition?
03. Which movement is your own invention?
04. How did you make choices safe and inclusive?

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