Red Beans on Monday | Research, Culture and Sources

Louisiana Foodways Visual Studio • Lesson 005 • Grades K–2 • sequential storytelling • 3–5 sessions

Source context

New Orleans household food rhythms and variation. This is a teaching inquiry, not an authoritative single account of a culture or artist.

Primary reference

https://www.nps.gov/jela/learn/historyculture/louisiana-foodways.htm

Additional reference

https://www.louisianafolklife.org/LT/CSE/creole_food_trad.html

Teaching with care

Louisiana foodways are living traditions with diverse Black, Indigenous, Creole, Cajun, Acadian, Vietnamese, Isleño and other contributors. Teach with credited sources and avoid treating one recipe as universal.

Research checklist

01. Identify who created the reference and its date.

02. Distinguish primary accounts, museum or community documentation, and interpretation.

03. Avoid claims of one authentic recipe, music pattern, artist style or community voice.

04. Use images, recordings and lyrics only with appropriate permission or educational use justification.

05. Record source title, author or tradition bearer, URL and access date.

Connection and attribution

Provide students the credited sources. Invite community knowledge with consent; do not require personal disclosure or family participation.

Standards statement

Conceptually aligned to arts Creating, Presenting/Performing, Responding and Connecting. Confirm the current local grade-level standards; no exact Louisiana code is claimed.

RIGHTS & CLASSROOM USE

Studio Fieldnotes | Educational Resource License

Copyright (c) 2026 Killian Williams-Morantine, to the extent legally owned and copyrightable. Other contributors and rights holders retain their rights.

PERMITTED: An individual educator may download, print, and adapt this resource for noncommercial instruction in their own classroom or program, including private distribution to enrolled students and caregivers.
Keep credit, this notice, and source notes with the material.

NOT INCLUDED: Resale, paid redistribution, reposting full resources to **public repositories, presenting this work as your own, or institutional** bulk licensing without separate written authorization.

EXCEPTIONS: This notice does not limit fair use or other rights under law. **Facts, ideas, cultural traditions, and third-party materials are not** claimed as exclusive property. Source media may have separate rights.

VERIFY: Teachers must check local standards, safety, accessibility, **cultural accuracy, and all music or image permissions before use.**

Full terms: killianwilliamsmorantine.com/rights-and-use.html
Image policy: killianwilliamsmorantine.com/image-credits-and-provenance.html
Permission requests: killianwilliamsmorantine.com/contact.html